

# Building a Meaningful and Resilient Learning & Development Offer for our Fostering & Kinship carers to improve outcomes for children and families in Somerset

## Purpose

Carers play a vital role in supporting children and young people, and our learning offer is designed to equip them with the understanding, confidence, and practical tools they need to respond effectively to complex behaviours and diverse needs. By providing evidence-based, trauma-informed learning and development opportunities, we aim to strengthen placement stability and ensure carers feel informed, capable, and supported in their role.

## Our commitment to you

- **Understanding trauma:** Training will highlight the importance of recognising the lived experiences and histories of children in care, helping foster carers feel equipped to respond to behavioural manifestations of trauma.
- **Sharing and reflecting:** Providing space to talk, learn from each other, and build strategies that work in real life.
- **Clear guidance:** We make sure all content meets the latest standards, so foster carers can feel assured everything is up to date.
- **Ongoing development:** We're making sure there are opportunities for foster carers to keep learning and to participate in reflective discussions.
- **Support for teenagers:** Training offer includes practical advice on attachment, trauma, and adolescent behaviour to support stable placements.

